

# **Lebanon Lutheran Church**

## **March 2022 Newsletter**

*Sunday School 9:30am*

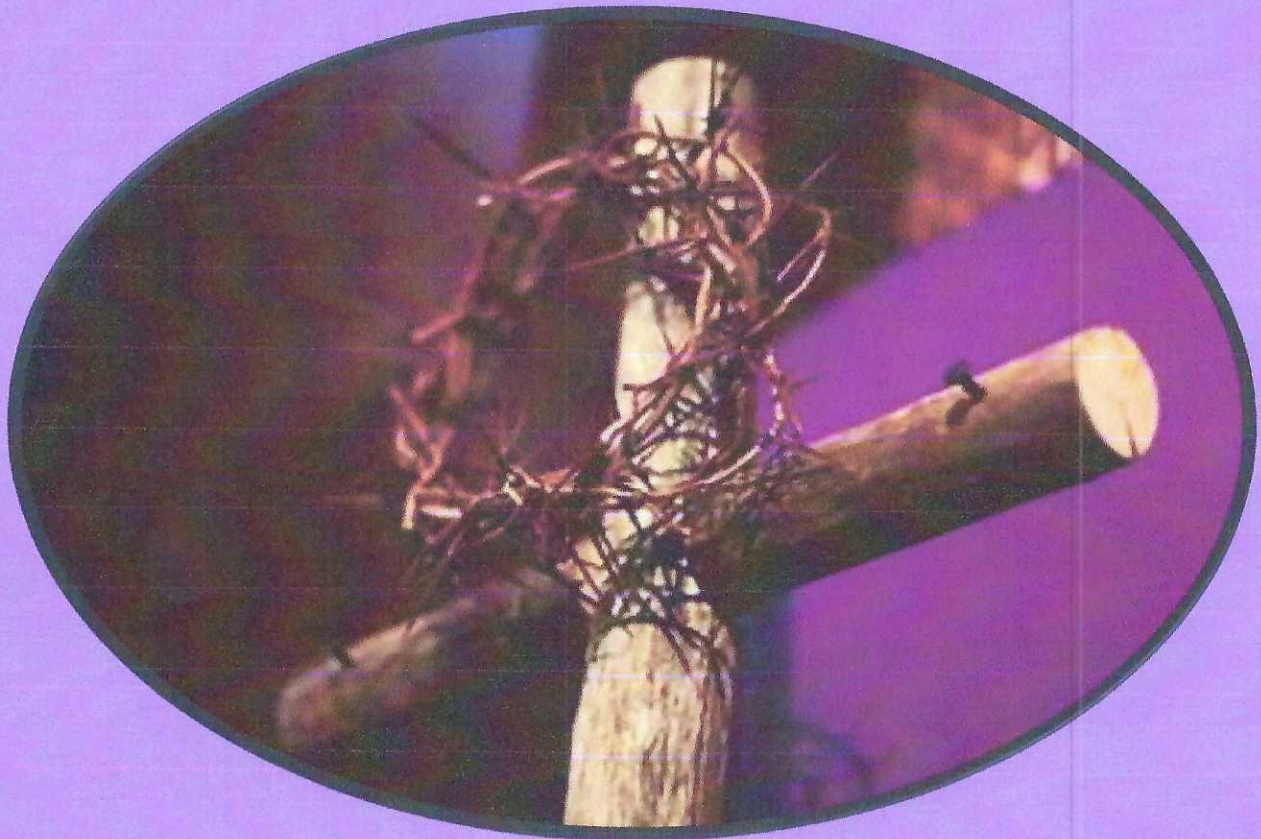
*10120 Middle Road*

*Phone: (540)465-5456*

*Worship 11:00am*

*Lebanon Church Va. 22641*

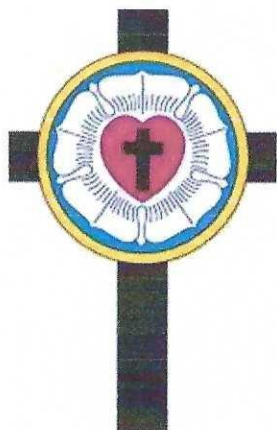
*Email: [pastor.lebanon@gmail.com](mailto:pastor.lebanon@gmail.com)*



# **NALC**

*North American Lutheran Church*





## Education Corner

### Why do we do what we do?

This year, March first is the beginning of the Lenten season. The season of Lent lasts from Ash Wednesday to late evening of Holy Saturday. Lent makes up 40 days representing the 40 days Christ spent fasting in the wilderness. Sundays are usually excluded in the Lutheran Tradition, making in all 46 days.

The 3 traditional practices of Lent, known as The 3 Pillars of Lent are:

- Prayer (Justice towards God)
- Fasting (Justice towards self)
- Almsgiving (Justice towards your fellow man)

Shrovetide, the time before Lent is a period used ponder what sacrifices you will make for Lent. Lenten disciplines take several different forms usually determined by the individual on what they feel they need repentance. James Kiefer in his book, Shrove Tuesdays says "make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God's help in dealing with."

Meats and fatty foods, limiting an activity from which you get pleasure, like watching Television, and even sexual abstinence are common Lenten Disciplines. Don't just give up something that you have to give up for your doctor or diet anyway. Make your fast a voluntary self-denial (i.e. discipline) that you offer to God in prayer.

During Lent, we usually have Wednesday Soup and sandwiches. This is a very old Lenten discipline known as Lenten Supper. Christians fast on Wednesdays and Fridays beginning on Ash Wednesday, forgoing meals until sundown when, they meet for a communal meal as a congregation, and, after a prayer service, have a light meal of broth and bread. This discipline was carried throughout Lent within the family, ending every daily fast with a light family meal of broth and bread.

The Lenten Observance was first created at the Council of Nicaea in 325. Many believe that this tradition began out of the observance that the Baptizer, the one being baptized and any others that were to participate observe a period of fasting before Baptism, and since Easter was a favored time to be Baptized, the tradition followed out of that, and everyone should observe a fast before Eastertide.



# Events at Lebanon

Do you or someone you  
know need a ride to  
Church?

Please contact Ann Deming  
(540)869-5795 Leave Mssg.

## Wednesday's

8:15 *AM* Matins

10:00 *AM* Individual  
Confession & Absolution

1:30 *PM* Communion

6:00 *PM* Soup Supper

7:00 *PM* Lenten Vespers

## March Birthday's

1<sup>st</sup> Madison Wright

3<sup>rd</sup> Missy Hockman

6<sup>th</sup> Robby Rose

9<sup>th</sup> Gene Atwell

9<sup>th</sup> John Miller

10<sup>th</sup> Mark Smoot

10<sup>th</sup> Ryan Smoot

13<sup>th</sup> Karla Funkhouser

16<sup>th</sup> Jay Snow

20<sup>th</sup> Dorothy Harriman

21<sup>st</sup> Carolyn Frye

25<sup>th</sup> Mike Rose

*Women's Meeting*  
*Wednesday, April 27<sup>th</sup> @*  
*7:00 PM*  
*(No Meeting in March)*

*Men's Prayer Breakfast*  
*Saturday, March 12<sup>th</sup>*  
*8:00 AM @*  
*Queen Street Diner*

## SHROVE TUESDAY PANCAKE SUPPER

*Tuesday, March 1<sup>st</sup>*  
*4:00 – 7:00 PM at*  
*Lebanon Church*  
*Community Center*

*Free Will Offering*  
*\*Take Out Available\**

Sunday School Class led by  
Rev. J.D. is at 9:30 Sunday

Sunday School Class led by  
Lucy King is at 9:30 Sunday

Children's/Elementary  
Sunday School Class led by  
Leslie Heird and Dorothy  
Harriman is at 9:30 Sunday

## Choir Practice

*Choir will practice*  
*Thursday, March 3<sup>rd</sup>*  
*and March 17<sup>th</sup> @ 7:00*

*\*See Evelyn if interested in*  
*joining the Choir*

## CREDO Class

*Class meets every other*  
*Thursday @ 7 PM at*  
*the Church*

*Led by Pastor Chris. All*  
*are invited to attend.*

*\*See Pastor Chris for*  
*CREDO info*



## Shrove Tuesday Pancake Supper

Tuesday, March 1<sup>st</sup> from 4 pm - 7 pm @ the Lebanon Church Community Center.  
Come out and Enjoy the Food, Fun and Fellowship. Bring a friend or friends, a **free will offering** will be accepted, which will benefit Response.

**\*\*\*\*Take Out Is Available\*\*\*\***

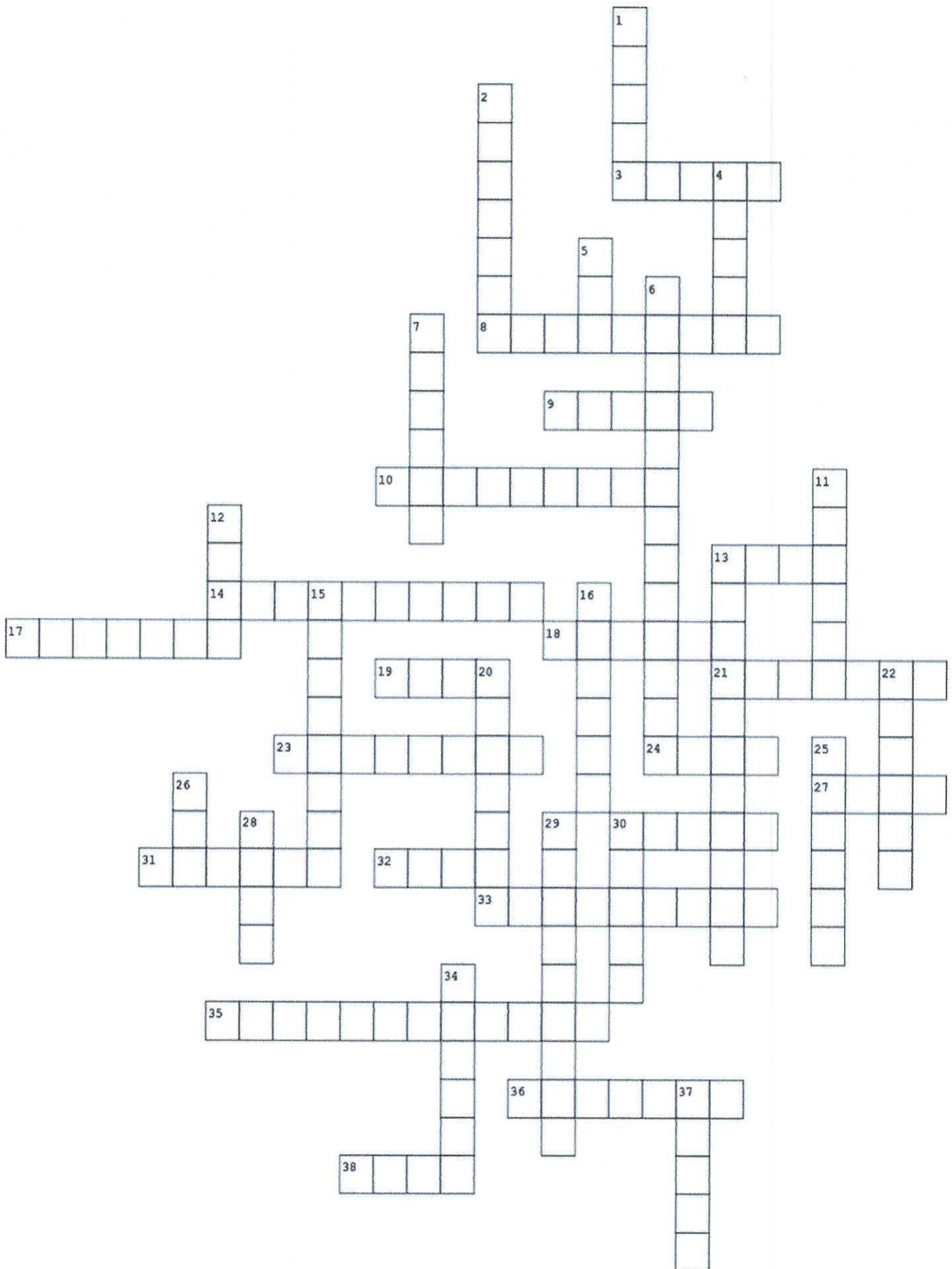
**Menu to include:** Pancakes, Eggs, Sausage, Sausage Gravy, Applesauce, Peaches,  
Hot Cinnamon Applesauce, Coffee and Juices

**\*\*Photos From Previous Shrove Tuesday Pancake Supper\*\***





# Psalms Part 3 of 4 Chapters 75-111



## Psalms Part 3 of 4 Chapters 75-111

### Across

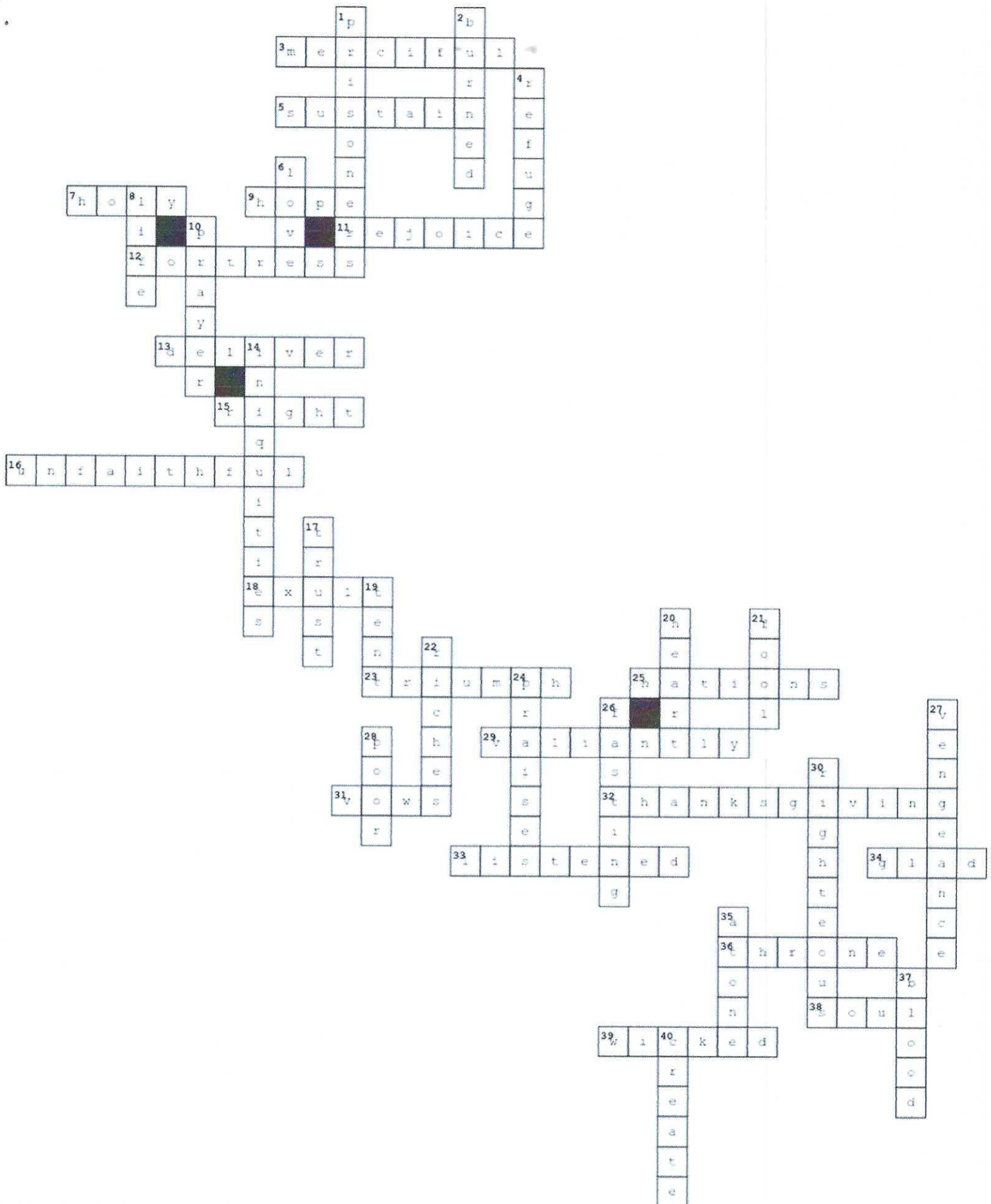
3. Fill their faces with \_\_\_\_\_ that they may seek your name, O Lord," (83)
8. They shall be cut off from the city of the Lord. (101)
9. Even these of the earth shall fear God. (76)
10. God executes this? (75)
13. We are taught to number these so, we might get a heart of wisdom? (90)
14. Israel ask God not to remember their former iniquities, but to have God give this to speedily meet them? (79)
17. "I will open my mouth in a \_\_\_\_\_;" (78)
18. We should give this to the Lord with our whole heart? (86)
19. God made this to mark the seasons. (104)
21. Blow this instrument at the new moon and full moon? (81)
23. "I will ponder all your work and \_\_\_\_\_ on your mighty deeds." (77)
24. "For he satisfies the longing \_\_\_\_\_," (107)
27. If you love the Lord you hate this? (97)
30. God rejected Israel and was full of this? (78)
31. "For he will command his \_\_\_\_\_ concerning you to guard you in all your ways." (91)
32. The Lord Loves the gates of what? (87)
33. "Show us your steadfast love, O Lord and grant us your \_\_\_\_\_." (85)
35. Enter the gates of the Lord with this? (100)
36. "\_\_\_\_\_ are those whose strength is in you, in whose heart are the highways to Zion." (84)
38. "Exalt the Lord our God and worship at his \_\_\_\_\_ mountain;" (99)

All questions are formed from the ESV Bible  
Chapters are in Parenthesis

### Down

1. In Psalm 80 verse 17 who is the most righteous man that this scripture points to? (80)
2. Give this to the weak and fatherless. (82)
4. "Oh come, let us worship and bow down; let us kneel before the Lord, our \_\_\_\_\_!" (95)
5. David was anointed with this which was Holy? (89)
6. "Are your wonders known in the darkness, or your righteousness in the land of \_\_\_\_\_?" (88)
7. What sort of noise should you make to the Lord? (98)
11. To fear the Lord is the beginning of this? (111)
12. When God hides his \_\_\_\_\_, the people are dismayed. (104)
13. The wicked and the evildoers are doomed to this forever? (92)
15. He stood up and intervened and the plague was stayed. (106)
16. "For our \_\_\_\_\_ belongs to the Lord," (89)
20. They will fear the name of the Lord. (102)
22. The Lord judges the people with this? (96)
25. "May this be the \_\_\_\_\_ of my accusers from the Lord, of those who speak evil against my life!" (109)
26. "The Lord-knows the thoughts of \_\_\_\_\_, that they are but a breath." (94)
28. "But the steadfast love of the Lord is from everlasting to everlasting on those who \_\_\_\_\_ him;" (103)
29. "With God we shall do \_\_\_\_\_; it is he who will tread down our foes." (108)
30. "The Lord is at your right hand; he will shatter kings on the day of his \_\_\_\_\_." (110)
34. The Lord on high is this? (93)
37. This is the land of Ham. (105)

# Psalms Part 2 of 4 Chapters 37-74





## Part 2 of 4 Chapters Psalms 37-74

### Across

3. "Be \_\_\_\_\_ to me, O God be merciful to me," (57)
5. "Cast your burden on the Lord and he will \_\_\_\_\_ you;" (55)
7. "O \_\_\_\_\_ One of Israel." (71)
9. "\_\_\_\_\_ in God; for I shall again praise him, my salvation and my God." (42)
11. "But may all who seek you \_\_\_\_\_ and be glad in you;" (40)
12. "The Lord of hosts is with us; the God of Jacob is our \_\_\_\_\_." (46)
13. "\_\_\_\_\_ me from all my transgressions." (39)
15. This hand of the Lord is filled with righteousness. (48)
16. The Lord puts an end to everyone who is this? (73)
18. "Let all the upright in heart \_\_\_\_\_!" (64)
23. "my enemy will not shout in \_\_\_\_\_ over me." (41)
25. God's saving power is among all what? (67)
29. "With God we shall do \_\_\_\_\_; it is he who will tread down our foes." (60)
31. "I must perform my \_\_\_\_\_ to you, O God;" (56)
32. The one who offers this as a sacrifice to God glorifies Him? (50)
33. "But truly God has \_\_\_\_\_; he has attended to the voice of my prayer." (66)
34. "May all who seek you rejoice and be \_\_\_\_\_ in you!" (70)
36. "Your \_\_\_\_\_, O God is forever and ever." (45)
38. "But God will ransom my \_\_\_\_\_ from the power of sheol, for he will receive me." (49)
39. They borrow but do not repay? (37)

### Down

1. He leads these to prosperity. (68)
2. This was done to the meeting places of God? (74)
4. "For you are the God in whom I take \_\_\_\_\_;" (43)
6. David sings aloud in the morning of Gods steadfast what? (59)
8. Gods steadfast love is better than this? (63)
10. O God hear my \_\_\_\_\_ give ear to the words of my mouth." (54)
14. "For my \_\_\_\_\_ have gone over my head; like a heavy burden, they are too heavy for me." (38)
17. "I \_\_\_\_\_ in the steadfast love of God forever and ever." (52)
19. David asks to dwell in this of the Lords forever? (61)
20. "For he knows the secrets of the \_\_\_\_\_." (44)
21. "The \_\_\_\_\_ says in his heart, "There is no God." (53)
22. If these increases do not set your heart on them? (62)
24. Sing this to God? (47)
26. "When I wept and humbled my soul with \_\_\_\_\_, (69)
27. "The righteous will rejoice when he sees the \_\_\_\_\_; " (58)
28. "Blessed is the one who considers the \_\_\_\_\_! (41)
30. "The mouth of the \_\_\_\_\_ utters wisdom, and his tongue speaks justice." (37)
35. The Lord does this for our transgressions? (65)
37. "From oppression and violence he redeems their life, and precious is their \_\_\_\_\_ in his sight." (72)
40. "\_\_\_\_\_ in me a clean heart, O God," (51)

All Questions are formed from the ESV Bible.  
Chapters are in parenthesis.





# Lebanon Lutheran Church



March 2022					
Sun	Mon	Tue	Wed	Thu	Fri
<b>6</b> 9:30 Sunday School 11:00 Divine Service	<b>7</b> 10:00 Colossians Bible Study via Zoom 7:00 Bible Study on Temporal Authority	<b>8</b> 1:00 Shrove Tuesday Corporate Confession & Absolution 4:00 Shrove Tuesday Pancake Supper	<b>2 Ash Wednesday</b> 8:15 Matins – Imposition of Ashes 3:00 Imposition of Ashes 7:00 Imposition of Ashes & Holy Communion	<b>3</b> 7:00 Choir Practice 7:00 CREDO Class	<b>4</b>
<b>13</b> 9:30 Sunday School 11:00 Divine Service	<b>14</b> 10:00 Colossians Bible Study via Zoom 7:00 Bible Study on Temporal Authority	<b>15</b>	<b>9</b> 8:15 – Matins 10:00 Individual Confession & Absolution 1:30 Communion Service 6:00 Lenten Soup Supper 7:00 Vesper Service	<b>10</b> 6:00 Outreach Meeting 7:00 Church Council Meeting	<b>11</b>
<b>20</b> 9:30 Sunday School 11:00 Divine Service	<b>21</b> 10:00 Colossians Bible Study via Zoom 7:00 Bible Study on Temporal Authority	<b>22</b>	<b>16</b> 8:15 AM – Matins 10:00 Individual Confession & Absolution 1:30 Communion Service 6:00 Lenten Soup Supper 7:00 Vesper Service	<b>17</b> 7:00 Choir Practice 7:00 CREDO Class	<b>18</b>
<b>27</b> 9:30 Sunday School 11:00 Divine Service	<b>28</b> 10:00 Colossians Bible Study via Zoom 7:00 Bible Study on Temporal Authority	<b>29</b>	<b>23</b> 6:30 Pastor Presides @ Holy Communion for Lutheran Church of the Valley in Harrisonburg 6:00 Lenten Soup Supper 7:00 Vesper Service	<b>24</b> 6:00 Worship & Music Meeting	<b>25</b>
<b>Note: Wednesday Lenten Soup Supper: Soup will be provided. Please bring your sandwich and drink.</b>					

Feb 2022

March 2022

Apr 2022